

## Ayudh Adventures | Hampta Pass Trek 2018 | 14100 Feet Grade: Moderate | 24<sup>th</sup> June – 30<sup>th</sup> June | 7 Days 6 nights



Greetings from Ayudh Adventures!

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If you are a first time trekker and wondering for a trek then Hampta Pass is the best ideal chosen place. The unforgettable high moderate Himalyan adventure Hampta Pass Trek is based in the region of beautiful Himachal (Manali) at an altitude of 14100 ft. high. Hampta pass trekking can be done in any season, but the best time to go for trek is in the month of July and August. Hampta Pass trekking gives an amazing experience of exploring your life with special hues of nature. One gets an incredible view of rock faces, frosty valleys, thick pine forest, open meadows, adrenaline pumping waterway and pleasant as well as adventurous crossing areas.

[Hampta pass trek](#) connects two beautiful valley named; Kullu and Lahaul, were one get various Landscapes. Colorful Himalayan birds, species and flowers attract the viewers by their beauty. The scenic landscape, frequently change in weather and atmosphere delights the trekkers and gives a good option of clicking pictures. Climbing on the snow stretch and finding peace with nature with the surroundings of Himalaya is vast.

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### Trek Itinerary:

It is a short trek of just 7 days. The trekking in Himachal – **Hampta Pass** starts from beautiful hill station Manali. At an altitude of Manali trekkers cross from Jobra to Chika. Crossing through small pine forest, huge rock and rich vegetations are remarkable. Travelling just for four hours

and you reach to the second destination of your trek – Chika. Here you enjoy the refreshing river, waterfalls and grassy land. Here the camps are tented and trekkers hold at night and relax. The second day of the trek is Balu ka Gera. At Balu Ka Gera you meet with huge rocks at Nani Lake, enjoy the icy cold water, mountain and click photographs to make your trip memorable. The next destination is Shea Goru, it is a 8 hrs journey. Colorful river side tiny flowers and patches of snow divert the attention of trekkers. At an altitude before crossing the Hampta Pass Deo Tibba Peak is clearly visible. Hampta Pass has got two ridges. The zic-zag route, U-turn, downhill and snow fall with an uncertain rainfall makes the trekking moment more enjoyable. It is an easy trek with a moderate level of walking area. Then here comes the second last destination from Siagoru to Chatru; it is a downhill trek of 5 hours. Here you get rivers and beautiful valleys in the heart of mountain ranges. The trekking is quite difficult in this area because of slippery soils and rocky edge path. Chandra River and glacier flow near it makes a remarkable statement in trek. The final destination to the trek is Chatru to Chandratal. Chatru is at a distant of 70 Kms far from Chandartal. You can drive to Chandar tal and visit the Moon Lake; it is the main point to visit in Chandartal and step back to Manali after enjoying your time at utmost. You can also enjoy the local sightseeing of Manali.

So, don't be awaited and book now for wonderful mixture of interesting and adventurous activities. Meeting with the peak of Himalaya ranges and exploring it will be a tremendously ever memorable experience.

### **Brief Itinerary:**

Day 1: Manali  
Day 2: Manali to Chika.  
Day 3: Chika to Balu ka Ghera.  
Day 4: Balu ka Gera to Siagoru, Cross Hampta Pass  
Day 5: Siagoru to Chatru. Drive to Chandratal.  
Day 6: Chandratal to Manali.  
Day 7: Manali to Chandigarh or Delhi

### **DAY 1: Manali**

-- Reporting Time: 06.00 a.m. to 10 a.m.

Upon arrival in Manali, The pretty hilly town of Manali has an altitude of around 6730 feet, and it is a popular summer as well as winter destination. Deodar forests on the hills, the Beas River flowing through the town, and snow-clad mountains in the distance give it a mesmerizing look. The region experiences cool and pleasant weather conditions for most part of the year.

Manali to Drive Shikhar par Ultimate Stay – Feel like a home – (4 Km. from Manali)

- B/ Fast
- Room Allotment
- Introduction – Mountain Do's and Dont's
- Group Activity
- Lunch
- Acclimatization trek to “Jogini Water Fall”
- High Tea & Snacks
- Group Discussions

- Evening Hot Soup
- Dinner and Lights off

## DAY 2: Manali to Chika



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- Morning Tea
- B/ Fast (After B/Fast Move to Chika)
- Lunch
- High Tea & Snacks
- Group Discussions
- Evening Hot Soup
- Dinner and Lights off

All the tourists will be reaching Manali which is also known as the paradise of India by afternoon. Many types of transportation facilities buses and cars are available for you to reach Manali. In Himachal Pradesh Kullu and Manali are the too small towns which are located very close to each other. Both the places are visited at the same time by all the tourists. As soon as you reach Manali you will take rest in the provided lodge or hotels. This place is famous for good food and weather. The people over here are you helping nature. After having a delicious lunch at any restaurant, you can start your journey for today towards Chika. It is situated 10,250 feet about the sea level. All along the way, you will be able to see a very famous temple which is known as the origin of small hot spring. This temple is called Vashisht temple. According to beliefs the spring is holy water. This place is just 3 kilometres away from Manali. If you are going by a cab, then there is an intermediate destination called Johari.

You can also visit many small villages, which is the covered with snow one of these villages name, is Preni. Trekking along the roads of Himachal Pradesh is a very delightful scene, and you will have your lifetime experience over here. It is known for its hill station and its beauty of it. While you will be travelling to reach Jobri, you can see the roads are dividing, and there is an altitude gain. Jobri is nothing but a place where all the temporary workers have set up their houses. All the workers working a hydro power plant which is located nearby. From this place, your actual trek starts. There is a manmade bridge made up of concrete what is supposed to be crossed by you. After crossing the bridge, keep yourself to the left, and it will take you the forest having coniferous trees.

The geography of this place doesn't allow any other kind of trees to grow because of snow. After you have your final crossing Aleonallah, you will reach beautiful meadow, having full of greenery. The grasses on the meadows are evenly spread giving you a nice glimpse of the scenery. You will not have to worry to travel this place as the terrain is flat. After travelling for 2 to 3 hours in the same direction, you'll reach the final destination for the day-Chikka. You will be camping beside the stream of water and you can spot very beautiful site of the waterfall from the camping area.

### DAY 3: Chika to Balu ka Ghera



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- Morning Tea
- B/ Fast (After B/Fast Move to Baluka Ghera)
- Lunch
- High Tea & Snacks
- Group Discussions
- Evening Hot Soup
- Dinner and Lights off

After having a good tight sleep, have the healthiest breakfast and get ready to continue your trek. For today, your destination will be Bhaluka Ghera. This place is famous for brown bears and hence the name of this place stands on them. During winters, all the brown bears come over here and hibernate. As you continue to travel in the same direction, you can see a bridge, which is made up of logs.

It is necessary to cross the bridge with caution. Just after crossing the bridge you will be able to view a stream in which water is flowing in a very high speed. You should keep yourself left to reach the destination. After a point of time, you will face some attitude to come across. Many different varieties of flowers can be seen all the way. After some time again you will again see a stream of water flowing. It is recommended to cross the stream on the morning itself as that time the water current is slow and steady as compared to the later time of the day.

Again you will need to keep yourself left till you do not reach your campsite for the day. Totally you will travel about 8 kilometers, and it will take approximately 4 to 5 hours to cross so much distance. Take some rest in the camp and enjoy the scenic beauty down there.

### DAY 4: Balu ka Ghera to Siagoru, Cross Hampta Pass



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- Morning Tea
- B/ Fast (After B/Fast Move to Siagoru)
- Lunch
- High Tea & Snacks
- Group Discussions
- Evening Hot Soup
- Dinner and Lights off

It is very important for you to start little early for the trekking today. Keep yourself left of the valley which you will travel full day. It totally depends on the time of trekking but sometimes if you look back all you can see is some snow bridges. Maintaining left is the ultimate object in this trek, and you will keep it till you reach Hampta pass. Trekking in Hampta pass just drives you crazy as it is one of the most fabulous experiences you can have. It has so much natural beauty that cannot be explained in words. It is a perfect location to click some fabulous pictures. Stalls are provided on the way where you can take some rest. About 14000 feet above the sea level is Lahaul which you will reach after leaving behind Hampta Pass.

There will be a surprising element waiting for you. There you can view a field full of snow, and it is covered for almost the entire year. The trekking is not that difficult as the altitude is moderate, but the last bridge to cross will take some of your efforts. The climb is very steep and may be little difficult for your legs. As you complete the climb, it will follow a huge descent. The descent terrain will be vanished with a flat surface and many boulders all over the place very soon. After travelling for about some time in the direction, you can again see some stream, and you will have to keep left.

After travelling in the levelled ground for some time, you will be heading closer to your destination Siagoru. It is situated 13000 feet above the sea level and is the best place to set up camp for the day. The beauty has its own level and gives a majestic feeling when you view the mountains and river streams. Today was a bit hectic day for you as you would have traversed 14 kilometers all together making you very tired. So do not waste any more time and get to your bed soon to give your body some rest.

#### **DAY 5: Siagoru to Chatru. Drive to Chandratal.**



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- Morning Tea
- B/ Fast (After B/Fast Move to Chatru)
- Lunch
- High Tea & Snacks
- Group Discussions
- Evening Hot Soup
- Dinner and Lights off

Get up soon and have your breakfast. Get ready for the trek and cross the river which is seen from the campsite. Half of your trek is very easy as it will be full descend and the rest of the trek will be very tiring for you to traverse very steep altitude. It will make your path difficult when you will face the rock zone. After descending you will see the large valley of river Chandra. Chandra River is at 11000 feet above the sea level and is located on the highway of Manali and Kaza. It is an exhibition place as one side you can view the mountains full of snow and the other side you will view barren mountains. On the way, you can satisfy your hunger on the dhabas located on the way of your trek. The food quality is ultimate and delicious, and you will find to have some more of them as you are doing some of the real physical work. By the end of the day, you will cover 8 kilometres approximately, and it should not take more than 5 hours to complete it.

## DAY 6: Chandratat to Manali



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- Morning Tea
- B/ Fast (After B/Fast Move to Burwa - Manali)
- Lunch
- Manali Local Sightseeing and Purchasing
- Group Discussions
- Evening Hot Soup
- Dinner and Lights off

Now you are at the end of your trek. You will be reaching back to Manali and end the journey. You will be starting your journey by car. The roads will lead you to Chandra Tal. It opens at the mid of July, and it ends by the last week of October. Rest days of the year this road cannot be traversed as it will be covered with snow. If you have come to trek in some other days, then you will have to choose an alternate path, which is via Kunzum la. It makes a border between Spiti and Lahaul. You will cross Chotadhara on the way from Kaza to Batal. From Batal, you will have two options. Either you can move towards Chandra Tal, which is about 14000 feet from the sea level, or you can choose to go towards Kunzum la.

The name Chandra Tal is because of the moon shaped lake which has crystal clear water. The sight from the mountains of Chandra Tal is an awesome experience, and you can spend some memorable time over there. Kunzum la also gives a night sight of the Chandra Bhaga range. On the way, you can see that there are many prayer flags. These prayer flags are usually put up by the people over here in various occasions. If the colour of the flag is white in colour that means death and if it is some coloured flag that means it is an indication of prayer fulfilled. There is also a good luck wheel which has a major significance in the daily life of people. It is assumed that one who rotates the wheel; it will bring good luck in their lives. After viewing all such places, you will return to Manali via Chhatru and Rohtang pass by the end of the evening.

## DAY 7:

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- Morning Tea
- B/Fast
- Feedback Session and Vote of Thanks

After Vote of Thanks leave from Shikharpar to Manali, From Manali, you can take buses to Chandigadh or Delhi.

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**Duration:** 7 Days, 6 Nights

**Trek cost per person: Rs 12500/- (Manali To Manali)**

**Age Group:** 18 Yrs. To upto Medically/Mentally/Physically fit.....

**Trekking Inclusions:**

- 1) Manali to manali transfers
- 2) Food and Accommodation (4 People in 1 Room and 4 People in 1 Tent)
- 3) Girls and Boys Separate Accommodation
- 4) Guide / Cook and other Professionals

**Exclusions:**

- 1) Any Expenses of Personal nature such as Travel and medical insurance, Drinks, Laundry, Telephone/Fax, Calls, Additional Porter or transportations
- 2) Any additional Expenses caused by reason beyond our control such as Natural Calamities (Land Slides, Floods etc.), any accidents, medical evacuations, riots, strikes, evacuation costs
- 3) Any tips, and any meals apart from the ones mentioned above
- 4) Any other tax or service charge, stay charge that could be enforced during this period will be
- 5) Extra and need to be borne by you
- 6) Any service not specifically mentioned in the Includes sections

**Ayudh Adventures, Mumbai** will have all authority to make any changes and decision will be final.

**Please Note:** All programs are subject to change without prior notice. Smoking and Any Kind of Alcohol Drinks not allowed During Program

**Insurance:**

All travelers are advised to purchase travel insurance that provide care and services for sickness, Accidents, emergency rescue, ted related to international travel. Ayudh Adventures shall not be responsible for the loss of personal assets and belongings of the travelers due to unavoidable reason or mishap.

**Caution & Remarks:**

- Even though participants do not need to submit any health certificates those with a history of medical problems, particularly cardiac or respiratory, should consult a doctor before deciding to undertake the trip.
  - Carry appropriate substitution drugs for individuals allergic to any of above
  - Avoid medication such as sleeping tablets, sedatives, strong painkillers and anti-histamines Which depress the respiration and increase the risk of (AMS-Active Mountain Sickness) especially while sleeping
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**Bookings will be taken only after a transfer full trek cost to Ayudh Adventures account mentioned below:**

Name: AYUDH ADVENTURES

Bank name: THE SARASWAT CO-OPERATIVE BANK LTD

Account Type: CURRENT ACCOUNT

A/c no: 431100100000082

IFSC code: SRCB0000431

Once transferred send us the mail at [trip@ayudhadventures.com](mailto:trip@ayudhadventures.com) with Ref No. When the amount is received you will receive a confirmation mail from us.

Call +91 9136040401 / +91 7738238487 for booking and Queries.

[www.ayudhadventures.com](http://www.ayudhadventures.com) | [trip@ayudhadventures.com](mailto:trip@ayudhadventures.com)

Don't forget to like us on Facebook for continuous updates,  
<https://www.facebook.com/ayudhadventures>

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### **Cancellations:**

If for some reason you wish to cancel your trek, an email intimation needs to be sent to [trip@ayudhadventures.com](mailto:trip@ayudhadventures.com). Cancellation requests are not taken over phone. However, you can phone to check whether your cancellation has been processed.

#### **The cancellation charges are as under:**

Cancellations prior to 90 days from the start of the trek — **full refund**.

Cancellation between 89 days and 40 days to the start of the trek — **50% refund**.

Cancellation less than 39 days to the start of the trek — **no refund**.

**Note:** *If a trek is called off at the last moment due to a natural calamity/unforeseen circumstances (like rains, earthquake, landslides, strike/bandh etc), Ayudh Adventures, Mumbai is not responsible and will not give any refund.*

**Drop out during trek:** If for some reason a participant has to drop out from the trek on any day then Ayudh Adventures, will make arrangements for his/her return upto Manali. A staff will accompany the participant to the Manali. Manali transportation and stay cost at any location including Manali has to be borne by the participant.

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## Things to carry:

- A Backpack (Min 50-65 Ltrs) to put in all the things to be carried, do not carry any luggage in hands
- A good condition trekking shoes (Quechua Forclaz 500)
- Floaters / Sandals helps you easily roam around campsite while sightseeing
- Full Sleeve sweater or Fleece jacket
- 1 down Jacket
- 1 pair of Thermals
- 3-4 pair of socks and 1-2 woolen socks
- 2 Woolen Gloves
- Sun cap, sunscreen (SPF 40+), lip balm
- Dark Sunglasses
- Scarf, buff
- Towel
- Toothbrush & Toiletry kit
- Hydration Bag or Water Bottle
- Personal toilet kit and toilet paper
- Camera (Optional), Avoid wearing Gold and other jewelry
- Bring ample snacks to eat like, dates, cucumber, carrot, fruits etc.
- Headlamp or Torch with extra batteries (Compulsory)
- Please carry Glocon-D, Electral to keep your body hydrated with salts (compulsory)
- a good Raincoat or a Poncho (avoid carrying an umbrella)
- Insect repellent
- 3 pair of T-shirts and trekking pants, No jeans.
- Cell phone with Charger
- Personal First-aid Kit
- Credit / Debit card, small amount of cash

It is advisable to leave our contact details and itinerary with a friend or at home.

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**Keep Trekking & Keep Exploring**